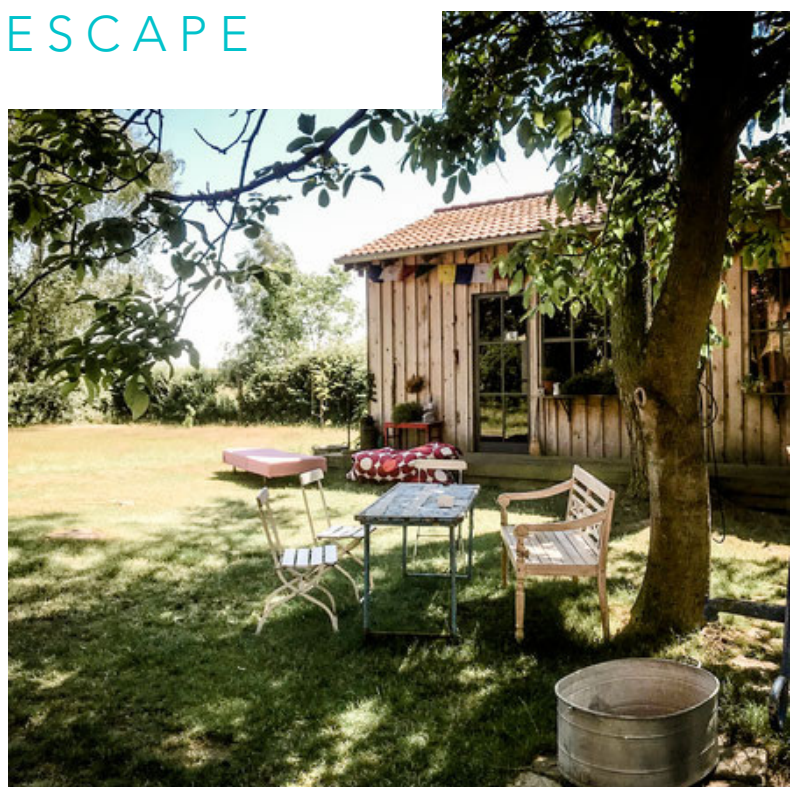




HOF JAKOB YEAH! ESCAPE



HOF JAKOB

Welcome to Hof Jakob, your place of development. In the middle of nature, surrounded by fields, forests and lakes, it is located directly on the Way of St. James. For yoga, seminars and retreats you will find a light-flooded barn and a Mongolian yurt. The old barn and a large orchard invite you to celebrate and relax. The simplicity of this place leaves room for the essentials.

Hof Jakob is located in Märkisch-Oderland at the edge of the Schlaubetal, 70 km or 42 minutes by train (RE1 to Jacobsdorf Mark) from Berlin.

www.hof-jakob.de

YEAH
STUDIO®



MOVE AND RECHARGE
YEAH!ESCAPE BY
YEAH STUDIO®



4.-6. AUGUST 2023

PROGRAM:

Arrival Friday afternoon | Departure Sunday afternoon

The training program will be a great mix as you know it from the studio.

We will relax with Yin Yoga and Sound Healing

Do Power Pilates and Barre

Meditate in the morning to the soothing sound of singing bowls

Sweat during Workout Yoga and enjoy a Sound Bath around the campfire.

YEAH
STUDIO®

YEAH STUDIO® ESCAPE

PRICES START FROM 354 EURO

189 Euro YEAH STUDIO® Trainings
+ 165 Euro Hof Jakob Venue and Catering
veggie or vegan, bio, seasonal, regional.
Friday: Dinner, Saturday: Brunch, Sweet
Snack, Dinner, Sunday: Brunch)

Minimum total Retreat costs are:

354 Euro

(if your accomodation is your own tent, you
bring)

In case you love other accomodation like
hostel or hotel: More Details on the following
page.

YEAH STUDIO® ESCAPE

You can choose the accommodation that suits you the best. There are a few options at Hof Jakob and the nearby Hostel and Hotel/Gutshof. You just get in touch with the venue you love to book.

HOF JAKOB

Option to stay in your own tent or yurt/caravan/yoga barn. In case you stay in your own tent there are no additional cost. Other option are +15 Euro. You need to bring your own blanket/pillow.

You book at the Jakob farm and just send a mail with your wish to Karin Bracht:
hof-jakob@web.de

In case you love to stay at the hostel or Gutshof, you contact the hostel/Gutshof:

Pilgerherberge Sieversdorf, Alte Petershagenerstr. 4, 15236 Jacobsdorf/OT Sieversdorf

Booking:

Silvia Scheffler <http://pension-orgelwerkstatt.net/pension/silvia.scheffler@web.de> Phone: 0172 9000802

Herberge (2 Nights) DR: 50,- pP

Herberge (2 Nights) SR: 70,- pP

Gutshaus Sieversdorf, Sieversdorf 1, 15236 Jacobsdorf/OT Sieversdorf

Booking:

Julia von Stünzner <https://www.gutshaus-sieversdorf.de>

j.stuenzner@t-online.de Phone: 033608 49087

Gutshaus (2 Nights) DR: 100,- pP

Gutshaus (2 Nights) SR 150,- pP

Suite (2 Nights) 260,- für 3 to 4 People

For bookings at the hostel/Gutshof house, Mrs. Scheffler, Mrs. von Stünzner will you about the payment modalities.

TIP

We advise you to take out a seminar cancellation insurance in case of illness shortly before or during the retreat - if you cannot participate in the trip at short notice. Your booking is binding with us.

With an insurance you are on the safe side and you will get your money refunded in case of illness.

YEAH STUDIO® ESCAPE

Registration: RETREAT HOF JAKOB 4.-6. AUGUST 2023

For a binding registration please fill the form and send it via e-mail to: hi@yeahyoga.de

NAME

ADDRESS | STREET AND CITY | POSTAL CODE

TELEPHONE NUMBER AND E-MAIL ADDRESS

DO YOU HAVE A FOOD INTOLERANCE? AND PLEASE NOTE DOWN VEGGIE OR VEGAN

ACCOMODATION OPTION | HOF JAKOB | PILGER HOSTEL | GUTSHOF?

IMPORTANT:

With your signature the registration for the retreat is binding.

After receipt of your registration and the transfer of YEAH STUDIO® retreat training costs of 189 Euro and Hof Jakob Catering | Venue) costs of 165 Euro your place is secured and you will receive a confirmation of participation.

Transfer 189 Euro YEAH STUDIO® Trainings + 165 Euro Hof Jakob to this account:

Total amount: 354 Euro

Tanja Burmeister YEAH YOGA UG

IBAN: DE64 1005 0000 0190 9600 86

Sparkasse Berlin

Purpose: YEAH ESCAPE August 2023

With your signature you also confirm that you read and understood the AGB'S of Hof Jakob.

<https://www.hof-jakob.de/agb-s/>

YOUR SIGNATURE